



PARTNERING FOR PROGRESS:

It takes a community to address mental health

2023



At CKMHC our mission is to make life better in our communities by providing excellent mental health services, education and integrated care which exceeds patient's expectations.

FROM THE EXECUTIVE DIRECTOR:

As we reflect on the past year, I am filled with immense pride in the strides we have made through our partnerships in addressing the mental health needs of our communities. These collaborations have been instrumental in harnessing the expertise of professionals and organizations, driving forward innovative solutions to tackle this pressing issue.

Mental health isn't just an individual concern; it profoundly impacts entire communities. Addressing it effectively requires a collaborative approach. By teaming up with community organizations and partners, CKMHC has gained invaluable access to diverse expertise and resources, empowering us to better serve both patients and the community at large. Moreover, such partnerships play a pivotal role in dismantling stigma and fostering greater awareness about mental health issues, encouraging acceptance and understanding. In essence, community partnerships are the cornerstone of a holistic and effective mental health treatment strategy, supporting individuals and communities on their path to wellness.

In 2023, Central Kansas Mental Health Center was able to establish new collaborative initiatives and expand existing partnerships to continue to increase access to services and outreach to individuals in need. Our partnerships have significantly broadened our reach and influence, ensuring extensive “no-wrong-door” access to mental health resources and support.

Our partnership with the police and sheriff's departments in Saline County, incorporating co-responders, has been pivotal in providing immediate support to those facing mental health crises. This collaboration has enabled us to offer timely assistance and intervention, ensuring individuals receive the care they need during critical moments.

Additionally, our partnership with Salina Family Health Care has facilitated access to primary care within our Same Day Access process, creating a seamless experience for individuals seeking both mental health and primary care services. This one-stop-shop approach enhances convenience and efficiency, ultimately improving overall health outcomes for our patients.

Furthermore, our collaboration with CKF Addiction Treatment has resulted in the creation of a streamlined workflow within our agency for warm hand-offs for individuals experiencing substance use disorder. This initiative ensures smooth transitions for individuals moving between different levels of care, enhancing continuity and effectiveness in service delivery.

Looking ahead, as we continue to grow, we remain steadfast in our commitment to cultivating and reinforcing partnerships that positively impact the mental health of our communities. Together, we believe we can forge a brighter, healthier tomorrow for all.

Best Wishes,

A handwritten signature in black ink, appearing to read "Anne Phillips". The signature is fluid and cursive, with a large initial "A".

Executive Director

COMMUNITY-CENTERED CRISIS CARE:

In 2023, Central Kansas Mental Health Center achieved remarkable progress in expanding and improving crisis care services, supported by various initiatives and partnerships:

- Established a mobile crisis team and acquired a mobile crisis vehicle through funding from a KDADS grant allowing staff to address crises happening in the community.
- Expanded the crisis team from 4 staff members at the beginning of 2023 to 8 staff members by the end of the year, including 2 practicum students.
- Conducted a pilot Crisis Intervention Team (CIT) training in August and worked with a growing coalition of CIT partners, including Ashby House, DVACK, Salina Rescue Mission, CKF Addiction Treatment, Salina PD, Saline County Sheriff's Office, Community Corrections, and City of Salina community relations.
- Established a Co-Responder program with partners in Saline County to enhance crisis response efforts with law enforcement.
- Conducted suicide awareness and outreach activities by distributing business cards containing CKMHC crisis and 988 hotline information.
- Initiated an Agricultural Outreach Project, engaging in community activities and visiting co-ops across the five counties served by CKMHC, with plans for further expansion in 2024.
- Engaged in gathering evidence and advocating for the establishment of a Behavioral Health Court, actively participating in planning meetings for this endeavor.
- Introduced a Re-Entry case manager position within the new Saline County Jail to support individuals transitioning back into the community.

These endeavors have significantly enhanced CKMHC's ability to provide timely and effective crisis care services, ensuring that individuals in Central Kansas receive the support they need during challenging times.

Education & Outreach in 2023:

236

new Mental Health
First Aiders trained

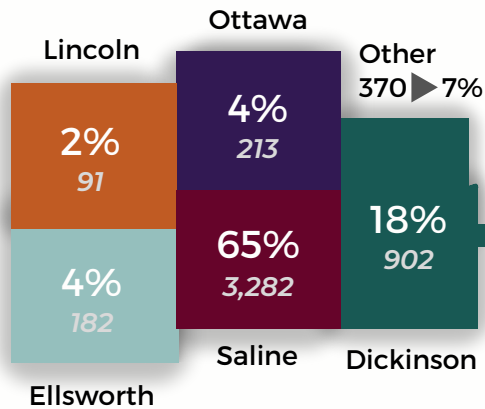
10,000+

individuals engaged in
education and
outreach initiative
across all five counties

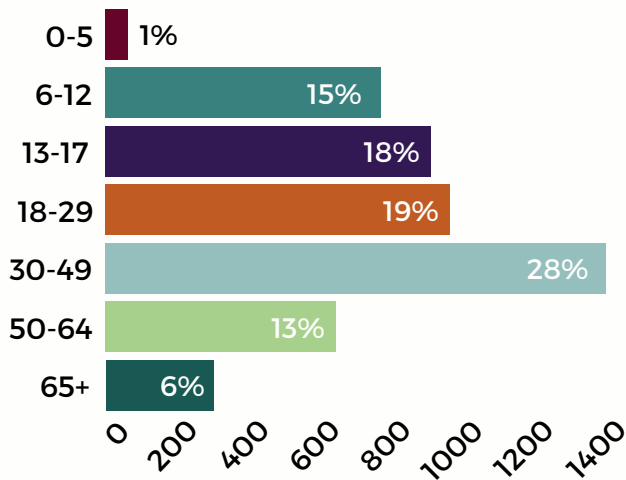
BY THE NUMBERS

CKMHC served 5,040 people in 2023.

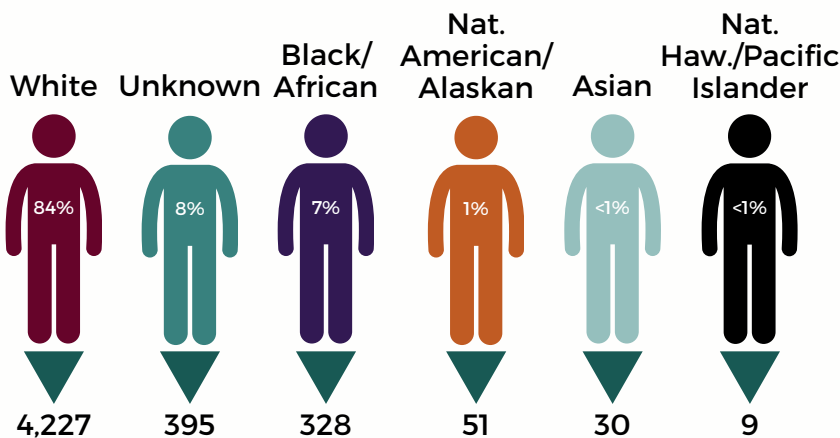
WHERE THEY RESIDE



AGE RANGE



RACIAL BACKGROUND



ETHNICITY



FACTS & FIGURES

People served by program:

Some individuals were involved in more than one program.

3,886

people served

Outpatient Services

2,460

people served

Medical Services

1,199

people served

*Community Based Services
Community Support Services
OneCare Kansas*

779

people served

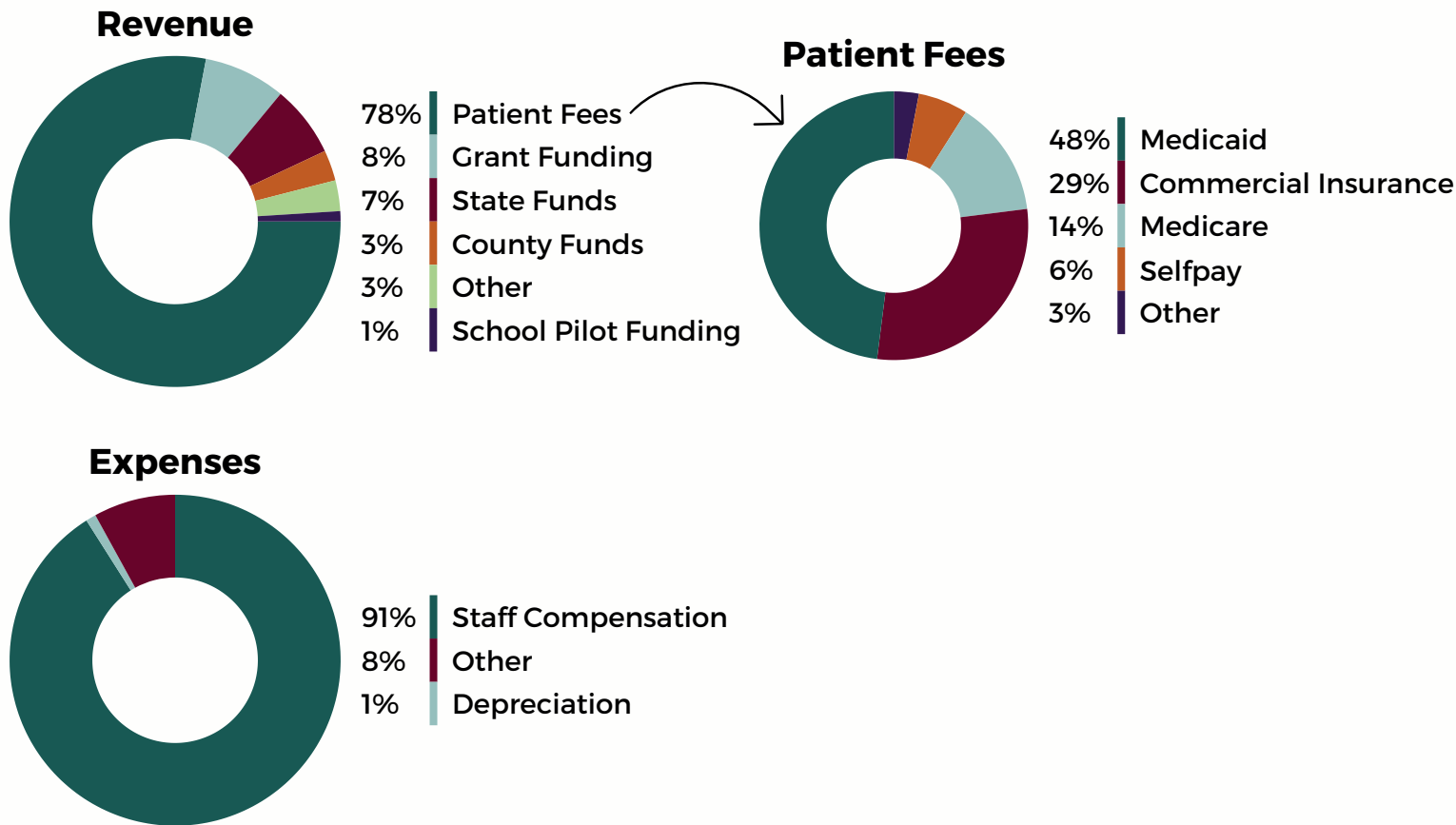
Crisis Services

158

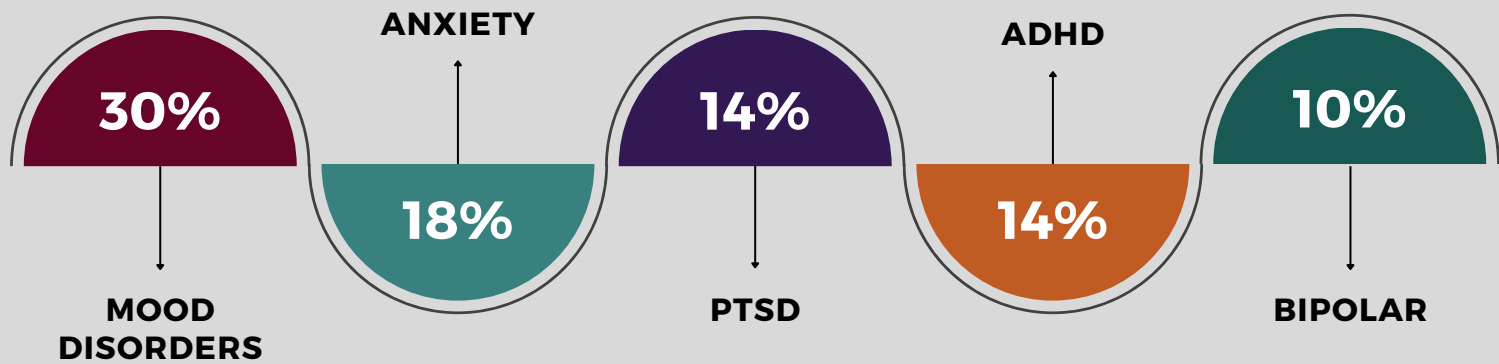
people served

*Martin Youth Center
Respite Services*

FINANCIAL SUMMARY



TOP 5 REASONS FOR SEEKING SERVICES



THANK YOU

Thanks to support from our generous donors and grant funders, we have been able to expand our programs, enhance our facilities, grow our staff, and reach more people in need of assistance. Your belief in our mission and commitment to improving mental health outcomes has made a significant impact on the lives of countless individuals and families. Tax-deductible contributions can be made via Facebook, by mail, or on our website.

Memorials: Van Kickhaefer

Grants:

Association of Community Mental Health Centers of Kansas, Blue Cross Blue Shield Foundation of Kansas, Greater Salina Community Foundation, Kansas Department for Aging and Disability Services, Kansas Department of Health and Environment, Kansas Department of Transportation, Salina Area United Way, United Way EFSP, Salina Charities League, Saline County ARPA, Substance Abuse and Mental Health Services Administration, UCare in partnership with Wheat State Healthcare.

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In memory of Becky Gassman whose decade long dedication and service to the Board of Directors will leave a lasting impact on CKMHC.

A sincere thank you to Jerome Hellmer and Julie Lemons for their years of service.

OUR LOCATIONS



Main Office:

809 Elmhurst Blvd, Salina



420 NE 10th St., Abilene



1602 Alyward Ave., Ellsworth



114 W Court St., Lincoln



817 A Argyle Ave., Minneapolis



Salina Area United Way
FUNDED PARTNERS 2023-2024